

Witness, Survivor, Sister: Reclaiming Narrative After Incarceration & Loss

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- Intersection of Disability and Trauma
 - Seclusion and Restraint
 - Connecting through Letter-Writing
 - Cycles of Trauma
 - Refusal and Return
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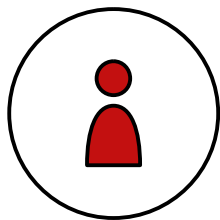
Framing the Work: Human Development and Family Sciences (HDFS)

Development occurs within relational systems (individual ↔ family ↔ community ↔ society)

Emphasizes context, interdependence, and dynamic interplay

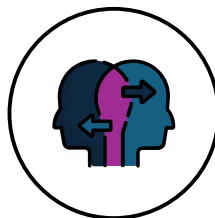
Traces how systems influence family functioning and individual well-being

Breaking Down “Autoethnography”



Auto → Self

+



Ethno → Culture

+



Graphy → Writing or Representation

In This Project:

I use letters exchanged after my sister’s suicide and brother’s death to explore:

- How families communicate (and don’t) about trauma.
 - How social systems silence victims of trauma.
 - How storytelling becomes a form of refusal and reclamation.
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Why It Matters:

- ✓ Honors lived experience
- ✓ Personal healing
- ✓ Justice work